

Appendix 3 – Quality Appraisal Tool

Quality Score	Assessment Criteria
A	Represents a study with no, or few flaws, with high credibility, transferability, dependability and confirmability
B	Represents a study with some flaws, unlikely to affect the credibility, transferability, dependability and/or confirmability of the study.
C	Represents a study with some flaws that may affect the credibility, transferability, dependability and/or confirmability of the study.
D	Represents a study with significant flaws that are very likely to affect the credibility, transferability, dependability and/or confirmability of the study.

* Some studies were graded as + or – (e.g. B+ or A-) depending on their conformity to the above criteria