## Supplementary File 3: Synthesis Without Meta-analysis (SWiM) guideline checklist

The citation for the Synthesis Without Meta-analysis explanation and elaboration article is: Campbell M, McKenzie JE, Sowden A, Katikireddi SV, Brennan SE, Ellis S, Hartmann-Boyce J, Ryan R, Shepperd S, Thomas J, Welch V, Thomson H. Synthesis without meta-analysis (SWiM) in systematic reviews: reporting guideline BMJ 2020;368:I6890 <a href="https://dx.doi.org/10.1136/bmj.I6890">https://dx.doi.org/10.1136/bmj.I6890</a>

SWiM is intended	SWiM is intended to complement and be used as an extension to PRISMA					
SWiM reporting	Item description	Page in manuscript	Other*			
item		where item is reported				
Methods						
<b>1</b> Grouping	1a) Provide a description of, and rationale for, the groups used in the synthesis (e.g., groupings of	Page: 8-9 (Line: 178-				
studies for	populations, interventions, outcomes, study design)	183)				
synthesis	1b) Detail and provide rationale for any changes made subsequent to the protocol in the groups used in the synthesis	None				
2 Describe the standardised metric and transformation methods used	Describe the standardised metric for each outcome. Explain why the metric(s) was chosen, and describe any methods used to transform the intervention effects, as reported in the study, to the standardised metric, citing any methodological guidance consulted	Page:9 (Line: 183-184)				
<b>3</b> Describe the synthesis methods	Describe and justify the methods used to synthesise the effects for each outcome when it was not possible to undertake a meta-analysis of effect estimates	Page: 8-9 (Line: 176- 183)				
4 Criteria used to prioritise results for summary and synthesis	Where applicable, provide the criteria used, with supporting justification, to select the particular studies, or a particular study, for the main synthesis or to draw conclusions from the synthesis (e.g., based on study design, risk of bias assessments, directness in relation to the review question)	Page 8-9: (Line: 176-183)				

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Item description	Page in manuscript	Other*
	where item is reported	
State the method(s) used to examine heterogeneity in reported effects when it was not possible to undertake a meta-analysis of effect estimates and its extensions to investigate heterogeneity	Page 8 (Line: 176-178)	
	Page 47 (Line: 430-433)	
Describe the methods used to assess certainty of the synthesis findings	Page 8 (Line: 171-174)	
Describe the graphical and tabular methods used to present the effects (e.g., tables, forest plots, harvest plots).	Page 8-9 (Line: 178-184)	
Specify key study characteristics (e.g., study design, risk of bias) used to order the studies, in the text	Page: 9 (Line: 205)	
and any tables or graphs, clearly referencing the studies included	Page: 23 (Line: 232)	
	Page: 29 (Line: 263)	
	Page: 35 (Line: 285-286)	
	Page: 42 (Line: 315)	
For each comparison and outcome, provide a description of the synthesised findings, and the certainty of the findings. Describe the result in language that is consistent with the question the synthesis addresses, and indicate which studies contribute to the synthesis	Page: 23 (Line: 233-238)	
	Page: 29 (Line: 263-266)	
	Page: 35 (Line: 286-291, 302-307)	
	State the method(s) used to examine heterogeneity in reported effects when it was not possible to undertake a meta-analysis of effect estimates and its extensions to investigate heterogeneity  Describe the methods used to assess certainty of the synthesis findings  Describe the graphical and tabular methods used to present the effects (e.g., tables, forest plots, harvest plots).  Specify key study characteristics (e.g., study design, risk of bias) used to order the studies, in the text and any tables or graphs, clearly referencing the studies included  For each comparison and outcome, provide a description of the synthesised findings, and the certainty of the findings. Describe the result in language that is consistent with the question the	State the method(s) used to examine heterogeneity in reported effects when it was not possible to undertake a meta-analysis of effect estimates and its extensions to investigate heterogeneity  Describe the methods used to assess certainty of the synthesis findings  Page 8 (Line: 171-174)  Page: 9 (Line: 205)  Page: 9 (Line: 205)  Page: 23 (Line: 232)  Page: 29 (Line: 263)  Page: 35 (Line: 285-286)  Page: 42 (Line: 315)  Page: 42 (Line: 232-286)  Page: 42 (Line: 263-266)  Page: 35 (Line: 263-266)  Page: 35 (Line: 263-266)  Page: 35 (Line: 263-266)  Page: 35 (Line: 263-266)

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		Page: 42 (Line: 315-320)	
		Page: 43 (Line: 343-345)	
		Page 43 (Line: 357-360)	
Discussion			
<b>9</b> Limitations of the synthesis	Report the limitations of the synthesis methods used and/or the groupings used in the synthesis, and how these affect the conclusions that can be drawn in relation to the original review question	Page 47 (Line: 430-433)	

PRISMA=Preferred Reporting Items for Systematic Reviews and Meta-Analyses.

<sup>\*</sup>If the information is not provided in the systematic review, give details of where this information is available (e.g., protocol, other published papers (provide citation details), or website (provide the URL)).