

Appendix A. Human Centered Design Workshop Agenda, Version Date: 29 Sept 2020, revisions made during workshop noted in strikethrough and italics

Day 1		
Time	Activity	Related 'How Might We...?' Question(s) / Goal
8:30 – 8:45	Welcome and Opening Prayer	
8:45 – 9:15	'Get to know you' activity with names, etc.	Develop rapport between participants
9:15 – 9:25	HCD Invitation and Mindsets	Help participants to understand what HCD is – and that it is NOT your typical workshop
9:25 – 9:35	Why are we getting together for an HCD workshop	To share a vision for the week
9:35 – 9:50	Workshop Ground Rules	
9:50 – 10:15	Warm Up: "Yes and..."	Practice creativity and acceptance
10:15 – 10:30	Introduction to ADAPT Study presentation	To give the participants background and context for the study and a shared vocabulary (e.g. Navigator)
10:30 – 11:00	Tea break	
11:00 – 13:00	The Ideal	How might we help peer navigators (e-Navs and IP-Navs) to be influential with adolescents and young adults?
13:00 – 14:00	Lunch	
14:00 – 14:15	Energizer	
14:15 – 15:45	Experience Maps	How might we structure the intervention to ensure barriers are addressed, eg. tailoring/ responding to specific needs/ groups (pregnant, age groups, gender)?
15:45 – 16:00	Closing and Prayer	
Day 2		
Time	Activity	Related 'How Might We...?' Question(s) / Goal
8:30 – 8:45	Welcome and Opening Prayer	
8:45 – 10:30	Experience Maps (continued)	How might we structure the intervention to ensure barriers are addressed, eg. tailoring/ responding to specific needs/ groups (pregnant, age groups, gender)?
10:30 – 11:00	Tea break	
11:00 – 11:15	Energizer	
11:15 – 13:00	Role plays	How might we provide consistent non-in-person support/navigation for AYAs who have limited phone access or are in boarding schools?
13:00 – 14:00	Lunch	
14:00 – 14:30	Role plays (continued)	How might we provide consistent non-in-person support/navigation for AYAs who have limited phone access or are in boarding schools?
14:30 – 15:45	<i>I have a friend who...</i>	<i>How might we structure the intervention to ensure barriers are addressed, e.g., tailoring/ responding to specific needs/ groups (pregnant, age groups, gender)?</i>
15:45 – 16:00	Closing and Prayer	
Day 3		

Time	Activity	Related 'How Might We..?' Question(s)
8:30 – 8:45	Welcome and Opening Prayer	
8:45 – 9:45	Build a tower	Build teamwork, communication skills and an energizer
9:45 – 10:30	Tomorrow's Headlines	How might we empower AYAs to interact with providers to meet their needs? How might we support providers better to respond to AYA needs?
10:30 – 11:00	Tea break	
10:30 – 13:00	Tomorrow's Headlines (continued)	How might we empower AYAs to interact with providers to meet their needs? How might we support providers better to respond to AYA needs?
13:00 – 14:00	Lunch	
14:00 – 15:15	Incentives prototypes	How might we structure incentives to best motivate adolescents and young adults to stay in HIV care and be virally suppressed?
15:15 – 15:45	Message Wall: Navigator messages	How might we empower AYAs to interact with providers to meet their needs? How might we support providers better to respond to AYA needs?
15:45 – 16:00	Closing and Prayer	
Day 4		
Time	Activity	Related 'How Might We..?' Question(s)
8:30 – 8:45	Welcome and Opening Prayer	
8:45 – 9:00	Creative energizer	
9:00 – 9:30 <i>added</i>	<i>Navigator Messages</i> - High VL - Suppressed VL <i>Who performed poorly on exam</i>	<i>How might we structure the intervention to ensure barriers are addressed, eg. tailoring/ responding to specific needs/ groups (pregnant, age groups, gender)?</i>
9:30 – 10:30 <i>added</i>	<i>Transition to adult services:</i> <i>10-15 min small group then large group discussion</i> <i>-How does transition happen?</i> <i>-What are challenges?</i> <i>-Possible Solutions?</i> <i>-How could navigators help?</i>	<i>How might we structure the intervention to ensure barriers are addressed, eg. tailoring/ responding to specific needs/ groups (pregnant, age groups, gender)?</i>
10:30 – 11:00	Tea break	
11:00 – 13:00	Disclosure Vignettes	How might we provide navigation support that allows AYAs to disclose safely and to support and strengthen adherence when disclosure is not possible?
13:00 – 14:00	Lunch	
14:00 – 15:00 <i>Cut time to only 1 hour, originally 2 hours</i>	<i>Bridge Building</i>	<i>How might we support adolescents and young adults to engage with their social networks (caregivers, teachers, others) to support HIV care engagement?</i>
15:00 – 15:30	Presentation of navigation prototypes and feedback (share other learning)	To share learning from the week, provide closure and get directed feedback on intervention ideas (prototypes)
15:30 – 15:45	Feedback survey	

<i>added</i>		
15:45 – 16:00 <i>Cut time to 15 min, originally 25 min</i>	Songs / Dance / Cake / Congratulations	
16:00 – 16:05	Closing Prayer	