

Consolidated criteria for reporting qualitative studies (COREQ): 32-item checklist				
No	Item	Guide questions/description	Met the criteria or not	Notes
<b>Domain 1: Research team and reflexivity</b>				
Personal Characteristics				
1.	Interviewer/facilitator	Which author/s conducted the interview or focus group?	X	Included with the manuscript is a list of COSMOS members, partners, and affiliates who actively participated in conducting the interviews.
2.	Credentials	What were the researcher's credentials? <i>E.g. PhD, MD</i>	X	This is stated in the methods section of the manuscript.
3.	Occupation	What was their occupation at the time of the study?	X	This is stated in the methods section of the manuscript.
4.	Gender	Was the researcher male or female?	X	This is stated in Supplementary File 5 – Reflexivity Statement
5.	Experience and training	What experience or training did the researcher have?	X	This is stated in Supplementary File 5 – Reflexivity Statement
Relationship with participants				
6.	Relationship established	Was a relationship established prior to study commencement?	X	A relationship was not established prior to study commencement to avoid biases.
7.	Participant knowledge of the interviewer	What did the participants know about the researcher? <i>e.g. personal goals, reasons for doing the research</i>	X	The participants understood the goal and aim of the research, as well as the role of the interviewer (i.e. to collect data for the research project)
8.	Interviewer characteristics	What characteristics were reported about the interviewer/facilitator? <i>e.g. Bias, assumptions, reasons and interests in the research topic</i>		None
<b>Domain 2: study design</b>				
Theoretical framework				
9.	Methodological orientation and Theory	What methodological orientation was stated to underpin the study? <i>e.g. grounded theory, discourse analysis, ethnography, phenomenology, content analysis</i>	X	This is stated in the methods section of the manuscript.
Participant selection				
10.	Sampling	How were participants selected? <i>e.g. purposive, convenience, consecutive, snowball</i>	X	This is stated in the methods section of the manuscript.
11.	Method of approach	How were participants approached? <i>e.g. face-to-face, telephone, mail, email</i>	X	This is stated in the methods section of the manuscript.
12.	Sample size	How many participants were in the study?	X	This is stated in the methods section of the manuscript.
13.	Non-participation	How many people refused to participate or dropped out? Reasons?	X	No one dropped out or terminated the interview and/or withdrew consent after they started participation.
Setting				
14.	Setting of data collection	Where was the data collected? <i>e.g. home, clinic, workplace</i>	X	This is stated in the methods section of the manuscript.
15.	Presence of non-participants	Was anyone else present besides the participants and researchers?	X	Yes, this is stated in the methods section of the manuscript.
16.	Description of sample	What are the important characteristics of the sample? <i>e.g. demographic data, date</i>	X	This is stated in the methods section of the manuscript.
Data collection				
17.	Interview guide	Were questions, prompts, guides provided by the authors? Was it pilot tested?	X	Yes
18.	Repeat interviews	Were repeat interviews carried out? If yes, how many?		No
19.	Audio/visual recording	Did the research use audio or visual recording to collect the data?	X	Yes, this is stated in the methods section of the manuscript.
20.	Field notes	Were field notes made during and/or after the interview or focus group?	X	Yes, this is stated in the methods section of the manuscript.
21.	Duration	What was the duration of the interviews or focus group?	X	The interviews took between 15-45 minutes
22.	Data saturation	Was data saturation discussed?	X	Yes
23.	Transcripts returned	Were transcripts returned to participants for comment and/or correction?	X	Yes
<b>Domain 3: analysis and findings:</b>				
Data analysis				
24.	Number of data coders	How many data coders coded the data?	X	Yes, this is stated in the methods section of the manuscript.
25.	Description of the coding tree	Did authors provide a description of the coding tree?	X	Yes, this is stated in the methods section of the manuscript.
26.	Derivation of themes	Were themes identified in advance or derived from the data?	X	Themes were derived from the data.
27.	Software	What software, if applicable, was used to manage the data?	X	Yes, this is stated in the methods section of the manuscript.
28.	Participant checking	Did participants provide feedback on the findings?		No
Reporting				
29.	Quotations presented	Were participant quotations presented to illustrate the themes / findings? Was each quotation identified? <i>e.g. participant number</i>	X	Yes
30.	Data and findings consistent	Was there consistency between the data presented and the findings?	X	Yes
31.	Clarity of major themes	Were major themes clearly presented in the findings?	X	Yes
32.	Clarity of minor themes	Is there a description of diverse cases or discussion of minor themes?	X	Yes