



Baseline Checklist for Non-Communicable Disease (NCDs) Care

Please complete one checklist for each health facility

Community Awareness and Prevention of NCDs

<p>1.A Are there any Clinic based health education activities that focus on the provision of care for NCDs?</p> <p>For example:</p> <ul style="list-style-type: none"> • The risks of smoking • A healthy diet • The benefits of exercise 	Yes	No
If yes, what activities are happening, and where and when do they take place?		
Which grade(s) of health workers do these activities?		

<p>1.B Are there any Community based health education activities that focus on the provision of NCDs?</p> <p>For example:</p> <ul style="list-style-type: none"> • The risks of smoking • A healthy diet • The benefits of exercise 	Yes	No
If yes, what activities are happening, and where and when do they take place?		

Early Detection of NCDs

<p>2.A Do health workers screen patients without symptoms for diabetes?</p>	Yes	No
Where does screening happen? (please highlight): Facility / Community / Both		



2.B Do health workers screen patients without symptoms for hypertension?	Yes	No
What type of blood pressure machine is used? (please highlight) Mercury / Anaeroid / Digital		
Where does screening happen? (please highlight) Facility / Community / Both		

Evidence-based interventions for NCD Care

3.A Are guidelines for the management of Diabetes available to clinicians in their clinics? Are these guidelines....(please highlight) National / Local MoH / NGO	Yes	No
3.B Is there a foot care service for patients with Diabetes?	Yes	No
3.C Are guidelines for the management of Hypertension available to clinicians in their clinics? Are these guidelines....(please highlight) National / Local MoH / NGO	Yes	No
3.D Are guidelines for the management of Asthma & COPD available to clinicians in their clinics? Asthma COPD Are these guidelines....(please highlight) National / Local MoH / NGO	Yes	No

Medicine and Equipment Supply

<p>4. Please highlight which of the following WHO Essential Medicines for NCD Care are available in the facility dispensaries:</p> <ul style="list-style-type: none"> • Metformin • Glibenclamide or Gliclazide • Short acting Insulin • Intermediate or long acting Insulin • A Thiazide diuretic • A Beta-blocker eg. Atenolol or Bisoprolol • A Calcium channel antagonist eg. Nifedipine, Amlodipine • An ACE Inhibitor, eg. Enalapril • Methyldopa • A Statin eg. Simvastatin • Aspirin • Salbutamol inhaler
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<ul style="list-style-type: none"> • Steroid inhaler eg. Beclomethasone or Budesonide 		
5. Are there stock-outs of any of these medicines? If so, please state which medicines are most affected: Are the stock-outs...(please highlight) Frequent / Common / Rare / Never	Yes	No

Laboratory

6. Are the following investigations available?		
A. Fasting Glucose If yes, where? (please highlight) Machines at facility / sample transported / patient travels to another site for testing	Yes	No
B. Serum Creatinine If yes, where? (please highlight) Machines at facility / sample transported / patient travels to another site for testing	Yes	No
C. Serum Potassium If yes, where? (please highlight) Machines at facility / sample transported / patient travels to another site for testing	Yes	No
D. Total Cholesterol If yes, where? (please highlight) Machines at facility / sample transported / patient travels to another site for testing	Yes	No
E. Glycosylated Haemoglobin If yes, where? (please highlight) Machines at facility / sample transported / patient travels to another site for testing	Yes	No
F. Microalbuminuria detection If yes, where? (please highlight) Machines at facility / sample transported / patient travels to another site for testing	Yes	No

7. Are urine dipsticks available in the facility that test for:		
Glucose	Yes	No
Protein	Yes	No
Ketones	Yes	No



Service Organisation

When is NCD care carried out?

8. Are there dedicated clinic sessions for patients with some NCDs?	Yes	No
If yes, which NCDs are included? (please highlight) Diabetes / Hypertension / Others (which ones?)		

Where is NCD care carried out?

9. Highlight all that apply:

Where can treatment for a patient with diabetes be initiated? District / Field Hospital / Primary Health (PH) Clinic

Where can a patient with diabetes be followed up? District / Field Hospital / PH Clinic

Where can treatment for a patient with hypertension be initiated? District / Field Hospital / PH Clinic

Where can a patient with hypertension be followed up? District / Field Hospital / PH Clinic

Who carries out NCD care?

10. Highlight all that apply:

Diabetes Treatment Initiation: Doctor / Nurse / Other (Who?)

Diabetes Follow-up: Doctor / Nurse / CHW / Other (Who?)

Health Education Counselling: Doctor / Nurse / CHW / Other (Who?)

Foot Care: Doctor / Nurse / CHW / Other (Who?)

Hypertension Treatment Initiation: Doctor / Nurse / Other (Who?)

Hypertension Follow-up: Doctor / Nurse / CHW / Other (Who?)

Health Education Counselling: Doctor / Nurse / CHW / Other (Who?)

Appointment systems and call / recall

11. Is there an appointment system for NCD patients?	Yes	No
Is there a system for Call and Recall (Tracing of defaulters) of patients with NCDs to improve continuity of care and adherence?	Yes	No



If yes, please briefly describe the system?		
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Clinical Records and Registers

<p>12. Are clinical records kept for each individual patient with Diabetes, Hypertension and Asthma?</p> <p>If yes, is the same record used when the patient attends a clinic AND if the patient is admitted to a local hospital?</p> <p>If yes, are these clinical records paper-based or computerised?</p>	<p>Yes</p> <p>Yes</p>	<p>No</p> <p>No</p>
<p>13. Are there individual disease registers that list all patients known to the facility diagnosed with:</p> <p>Diabetes</p> <p>Hypertension</p> <p>Asthma / COPD</p>	<p>Yes</p> <p>Yes</p> <p>Yes</p>	<p>No</p> <p>No</p> <p>No</p>

Supervision and mentoring

<p>14. Do the clinicians who manage patients with NCDs, and the managers who manage the clinic facilities, meet together to discuss the organisation of care of patients with NCDs?</p> <p>If yes, please give more details.</p>	<p>Yes</p>	<p>No</p>
<p>Is there any clinical training programme that includes diabetes and hypertension</p> <p>If yes, please list which grades of staff are trained. What was the date of the last training on these NCDs?</p>	<p>Yes</p>	<p>No</p>
<p>Is there any regular supervision carried out that includes care of patients with diabetes and / or hypertension?</p> <p>If Yes, please describe briefly</p>	<p>Yes</p>	<p>No</p>

