

**Appendix A: Search Strategy for Pubmed**

("folic acid" [Mesh] OR iron [Mesh] OR iron [tiab] OR "folic acid" [tiab] OR "folate" [tiab] OR "dietary supplement\*" [tiab] OR "weekly supplement\*" [tiab] OR "daily supplement\*" [tiab] OR anaemia [tiab] OR anemia [tiab])

AND

(pregnancy [Mesh] OR "preconception care" [Mesh] or "prenatal care" [Mesh] OR pregnancy [tiab] OR pregnant [tiab] OR post-partum [tiab] OR postpartum [tiab] OR post-natal [tiab] OR postnatal [tiab] OR post-abortion [tiab] OR peri-natal [tiab] OR perinatal [tiab] OR antenatal [tiab] OR prenatal [tiab] OR preconception [tiab])

AND

("Nonprescription Drugs" [Mesh] OR nonprescription [tiab] OR "over the counter" [tiab] OR "over-the-counter" [tiab] OR "without a prescription" [tiab] OR "pharmacist-prescribed" [tiab] OR "pharmacy access" [tiab] OR "clinician-prescribed" [tiab] OR "physician-prescribed" [tiab] OR "GP-prescribed" [tiab] OR "general practitioner prescribed" [tiab] OR "obstetrician-prescribed" [tiab] OR "without prescription" [tiab] OR "community pharmacy services" [Mesh] OR "community center" [tiab] OR "community centre" [tiab] OR store [tiab] OR shop [tiab] OR online [tiab] OR mobile [tiab] OR telehealth [tiab] OR self-management [tiab] OR self-managed [tiab] OR self-care [tiab])