The Al Hol camp in Northeast Syria: health and humanitarian challenges

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INTRODUCTION

With the world in the grip of COVID-19 pandemic other emergencies risk drifting to the back of people’s minds. One longstanding emergency is the war and conflict in Syria, which has claimed at least 500 000 lives and left an estimated 11 million people in need of humanitarian assistance.1 2 In the Northwest of the country, in the Idlib and Northern Aleppo governorates, four million people, of which two-thirds are displaced from other parts of Syria, are currently in the midst of a humanitarian crisis due to a military campaign by Syrian and Russian government forces.3 In the Northeast, the plight of many in detention and refugee or internally displaced people (IDP) camps appears forgotten. To compound this complex situation further, COVID-19 has now also arrived in Syria, including in the Northeast. At the time of writing, in Syria, 124 cases and 6 deaths have been reported.4 5 Here, I aim to describe the situation in one of the refugee/IDP camps in Northeast Syria, the Al Hol camp, based on my experiences there from May to August 2019, as an epidemiologist with Médecins Sans Frontières (MSF), to raise awareness about the health and humanitarian situation.

HISTORY OF THE AL HOL CAMP

The Islamic State of Iraq and Syria (ISIS) occupied large parts of Syria and Iraq and terrorised hundreds of thousands of Iraqis and Syrians living under their occupation. A coalition emerged in September 2014 to uproot ISIS, with Kurdish and Iraqi forces slowly reclaiming lost territory in a drawn-out war. In March 2019, the last ISIS enclave, Baghouz, was overrun by Kurdish troops and the caliphate was declared defeated.6 7 During the retreat of ISIS and after the fall of the caliphate, refugee and IDP camps were established across the Northeast to shelter those who had recently lived under ISIS’s control or were perceived to be the partners, children and relatives of male ISIS members. Three of these camps, of which the largest is the Al Hol camp, also contained foreign nationals, including Europeans who joined ISIS.

The Al Hol camp, close to the Syria–Iraq border, was initially set up by the United Nations High Commissioner for Refugees during the 1991 Gulf war for approximately 15 000 people and it expanded further during the US invasion of Iraq in the early 2000s. In 2018, the camp hosted roughly 10 000 Iraqi refugees but this grew to approximately 73 000, between December 2018 and March 2019, largely surpassing the capacity, due to a mass influx of refugees and IDP. When I arrived in May 2019, an estimated 11 000 of the 73 000 were third-country nationals, defined as neither Syrian nor Iraqi, and over 94% were women and children.8

Between December 2018 and March 2019, the new arrivals to the camp were transported from the Deir Al-Zour area, which was previously controlled by ISIS, through a series of security screening points. At the screening points, all men of fighting age, including adolescents above 14–15 years, were separated from their families and imprisoned. Only, women and children were allowed passage to the camp.9 10 Generally, newcomers first stay at a reception area and remain there until allocated a shelter and being
provided with documentation. However, the mass influx resulted in approximately 15,000 people living in rub hals, large warehouse-style tents meant to store supplies and hundreds living in open air in the reception area, exposed to the cold-barren Syrian winter. Ultimately, the people living in the reception area and rub hals were allocated a shelter. Also, some of the men were released later and allowed to join their families in the camp.11 12

Currently, the camp is divided into three large parts based on the nationality/ethnicity; one part for Iraqis, one part for Syrians and one part, fenced off, for third-country nationals, which includes Europeans, North Americans and Central Asians.8 It is controlled by the Syrian Democratic Forces (SDF), an alliance of militia which is dominated by the Kurdish People’s Protection Forces, with services provided by several United Nations agencies and international non-governmental organisations (NGOs), including MSF. However, refugee/IDP camp is, in reality, a euphemistic term for the Al Hol camp as severe movement restrictions are imposed and camp residents are not accorded the rights and dignity under international humanitarian and human rights law.13

HEALTH SITUATION IN THE CAMP

The initial health conditions of the people arriving in the camp between December 2018 and March 2019 were dire. Many of them were in need of healthcare; children suffered from malnutrition, people were wounded or suffering from illnesses, such as acute diarrhoea. At least 240 people, mostly children, had died during the long journey on the trucks or on arrival at the camp due to malnutrition and hypothermia as a result of the horrendous conditions and winter temperatures.14 15 Moreover, the vulnerable state of the people arriving, who had survived without sufficient food or medical care at the frontlines, was exacerbated by the displacement as, during the long journey, security measures were deemed more important than provision of healthcare. This rapid influx of vulnerable people led to a humanitarian crisis, with insufficient food, water, shelter or healthcare available.12 14

Several months on, during my time there from May to August 2019, camp residents continued to suffer from poor water and sanitary conditions. The minimum emergency standards set by Sphere,16 for water, which are 15L per person per day, were not met in the camp. Many residents had to survive with 10L of water daily, a third below minimally required, after queuing for hours. Moreover, water quality was commonly not suitable for drinking, exacerbating diarrhoea and other waterborne diseases among camp inhabitants. Of the nearly 9000 consultations in camp health facilities, 50% were for acute diarrhoea, during the period of May to July 2019.17 To compound the complex health situation, a measles outbreak and malnutrition crisis plagued the camp. Moreover, mental health problems, such as depression, anxiety and post-traumatic stress disorder, due to the conflict, strife and ISIS occupation were not addressed for the majority of the residents, due to the paucity of mental health services available. Access to medical care, particularly in the evenings, was very difficult for camp inhabitants due to the movement restrictions imposed by camp authorities. It was commonplace for women to give birth in their tents and referrals to an outside referral hospital were complicated and sometimes denied, even for urgent medical cases.

The annex, the fenced off part of the camp, where third-country nationals (non-Syrian and non-Iraqi nationals) are confined has worse health and sanitary conditions than the other parts of the camp. The people in the annex are also subject to harsher movement restrictions and more regularly denied access to healthcare by camp authorities, the SDF, due to their perceived ISIS affiliation.13 There was no full-time permanent health structure in the annex but healthcare referrals outside of the camp to either health facilities located in other parts of the camp or to the referral hospital were commonly denied. Pregnant women in the annex so commonly gave birth in their tents that clean delivery kits were handed out because security services would refuse referrals. Inhabitants of the annex were initially given 3L of water per person per day for both drinking and cleaning purposes, which is a negligible amount. Oftentimes the water was not clean, with worms or other debris floating in it. Furthermore, the annex is an environment solely composed of women and children (all third-country national men are imprisoned) and yet it lacked a single school or child-friendly space.15 In an environment with such desolate circumstances, it is difficult to imagine what will become of the camp residents in the future.

RECENT EVENTS

In the harsh conditions of the Al Hol camp, international NGOs, United Nations agencies and local authorities worked towards improving people’s living conditions and supporting their basic needs. The Turkish military operation in the Northeast Syria in October 2019 forced several NGOs to evacuate their international staff and halt the majority of activities due to the volatility and uncertainty of the situation. Since December 2019, health actors have slowly returned to the Al Hol camp with some healthcare provision and essential services resuming in the camp.18 However, in January 2020, the United Nations Security Council decided to reduce the international border crossings in opposition-controlled territory, used for the delivery of humanitarian aid, from four to two, which further complicates humanitarian assistance.19 20 This precarious context is now further disrupted by COVID-19. Medical services remain scarce and facilities are insufficiently equipped; for example the Kurdish authorities only have 150 ventilators for the entire Northeast Syria.21 22
CONCLUSION

Nine years on in the Syria conflict, the humanitarian crisis will only worsen further due the COVID-19 pandemic. Particularly problematic is the restriction on medical care and access to care for people within the Al Hol camp based on their perceived ISIS affiliation, which is unjust and immoral. No person should be denied essential and potentially life-saving care, regardless of their background, nationality, religion or perceived affiliation.13 While countries decide on the appropriate long-term answer, international humanitarian and human rights law should always be respected. Countries, including European ones, should take responsibility for their nationals in these camps rather than simply refusing to repatriate them.25 As long as national governments continue to grapple with the situation in the Al Hol camp and some governments attempt to forget the plight of their nationals, people will continue to suffer and struggle for dignity and survival.

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REFERENCES