



How primary healthcare workers obtain information during consultations to aid safe prescribing in low-income and lower middle-income countries: a systematic review

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ABSTRACT

Background We systematically reviewed the evidence on how primary healthcare workers obtain information during consultations to support decision-making for prescribing in low and lower middle-income countries.

Methods We searched electronic databases, consulted the Healthcare Information For All network, hand searched reference lists, ran citation searches of included studies and emailed authors of identified papers. Two reviewers extracted data and appraised quality with relevant tools.

Results Of 60 497 records found, 23 studies met our inclusion criteria. Fourteen studies were observational and nine were interventional. Frequently mentioned sources of information were books, leaflets, guidelines, aids and the internet. These sources were sometimes out of date and health workers reported being confused which to use. Internet access varied and even when it was available, use was limited by technical issues. Of the five electronic tools that were assessed, four had positive outcomes. Tools assisted prescribers with medicine selection and dosage calculations, which increased prescribing accuracy. The quality of reporting varied but was overall low.

Discussion Studies indicated a lack of up-to-date and relevant medicine information in low and lower middle-income settings. Internet-based sources appeared to be useful when it is possible to download content for offline use and to update when there is internet access. Electronic tools showed promise, but their accuracy needs to be validated and they should focus on giving actionable advice to guide prescribers.

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BACKGROUND

Consultations by primary healthcare workers in low and middle-income countries make up the majority of healthcare interactions globally, yet little is known about how healthcare workers access information during

Key questions

What is already known?

► While there is a large amount of health information available, it is unclear to what extent primary healthcare workers access such information to aid prescribing in low and lower middle-income countries. Previous work found that digital health tools targeting primary healthcare workers had not been extensively studied.

What are the new findings?

► To our knowledge, this is the largest ever systematic review on how primary healthcare workers obtain health information during consultations to support decision-making for prescribing in low and lower middle-income countries. While included studies were of low quality, they indicated a lack of up-to-date and relevant medicine information which makes it challenging for prescribers in low and lower middle-income settings to access information.

What do the new findings imply?

► This study indicates a great need for high-quality studies to understand the prescribing information needs of primary healthcare workers. Internet-based sources appear to be useful when it is possible to download content for offline use and to update when there is internet access. Electronic tools show promise, but their accuracy needs to be validated and they should focus on giving actionable advice to guide prescribers.

consultations. This is important because it can be challenging for healthcare professionals to keep up to date with the expansion in medical knowledge and updated guidelines and recommended treatment regimens. These challenges could be further

compounded in low and middle-income countries with less robust continuing professional development systems and more limited internet access. The WHO Medicines Report 2011 reports that ‘Globally, most prescribers receive most of their prescribing information from the pharmaceutical industry and in many countries, this is the only information they receive.’¹ Unsafe and inappropriate prescribing is a huge problem, especially in low and middle-income countries, where many patients are given at least one drug per consultation.² Antimicrobial resistance is a rising global health threat caused by the overuse of antibiotics.³ ‘Rational’ use of medicines depends largely on the ability of the health worker to make the correct diagnosis and then treat accordingly.⁴ Previous research has reported various issues related to inappropriate and unsafe prescribing. One of these issues is medication errors, meaning errors of dose or route of administration, and to errors of communication between prescriber and dispenser.^{5,6} Also, healthcare workers can prescribe the wrong medicine, with or without a failure to correctly diagnose the case. Also there is a wide variation in the availability and quality of health information and relevance to different settings with respect to their language, geographical focus and technical level.⁴ Out-of-date offline resources might not have incorporated changes in medical knowledge and guidance that have occurred over time, such as new antibiotic regimen and diagnostic tests. When healthcare workers act on incorrect information this can lead to incorrect diagnosis and inappropriate prescribing.⁷

With ‘healthcare information’ we mean information that guides healthcare workers to prescribe at the point of care. This includes guiding them whether to prescribe a medicine, which medicine and details of the dose, route of administration, frequency of administration and duration of treatment.⁴ Examples of healthcare information resources are point-of-care decision tools, formularies, books, manuals, guidelines and protocols, rather than routine health information such as patient history, records and local epidemiological reports. This includes free and for-purchase materials, both in digital and offline forms.

To guide correct prescribing (including diagnosis and, where appropriate, selection of medicine), correct information is important as point-of-care information for consultations. Factors influencing whether healthcare providers attempt to access information during consultations include previous training and availability of the information, which could include internet access.^{4,8,9} Additional influencing factors might be how common or rare a condition is, the prescriber’s familiarity with the treatment in question, whether it is a condition where the consequences of prescribing errors could be severe (eg, high risk of adverse effects, or if child dosing required), if the patient is being treated for comorbidities and a risk of drug interaction is suspected, and level of awareness of the need for information.

A previous systematic review found that digital health tools targeting primary healthcare workers had not been extensively studied.¹⁰ While there is a large amount of health information available, it is unclear to what extent primary healthcare workers access such information to aid prescribing. Therefore, this review aims to review the evidence on how primary healthcare workers obtain health information during consultations to support prescribing decision-making in low and lower middle-income economies.

METHODS

A protocol of this systematic review was previously published¹¹ and follows the Cochrane Collaboration¹² and Centre for Review and Dissemination¹³ methodology for conducting systematic reviews where possible. The Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) was used for reporting (online supplementary file 1).¹⁴

Criteria for considering studies

We included observational studies, such as cross-sectional surveys, cohort studies, qualitative studies (eg, interview studies and focus groups), mystery client studies, and intervention studies, such as randomised controlled trials (RCT) and non-randomised studies (eg, controlled studies, before-and-after studies, interrupted time series studies). We only included studies reported in English that were published after 2000 to provide up-to-date and relevant evidence.¹¹

We included studies involving primary healthcare workers in low and lower middle-income countries who prescribe or dispense medication or order medical tests, such as doctors, clinical officers, nurses, midwives, pharmacists, drugstore vendors (with varying qualifications) or community health workers. Primary healthcare workers encompass a diverse range of healthcare cadres such as doctors, clinical officers, nurses, pharmacists and drugstore vendors and are often the first level of contact of individuals, the family and the community with the national health system.¹⁵ We excluded studies focusing on secondary care or hospital settings, allied health professionals, for example, physiotherapists and traditional medicine health workers.¹¹

We included any interventions to improve access to healthcare information during a consultation for prescribing, for example, tools and aids (possible interventions could use digital resources, books, protocols, and so on). Also, studies that did not focus on an intervention (eg, observational studies) were included. We did not include studies focusing on interventions that aimed to improve the quality of care, supervision or mentoring of healthcare workers unless they also included tools or aids for healthcare workers that were available during the consultation. We included any type of comparator interventions and studies that did not use a comparator.¹¹

The primary outcome of this review is the proportion of healthcare workers obtaining healthcare information during consultations or transactions (ie, from the time when the patient arrives to leaving) from different sources (eg, use of books, guidelines, digital resources, peer networks, no information—memory). Secondary outcomes are any change in healthcare provider knowledge or behaviour (eg, prescribing in intervention studies), clinical outcomes, adverse outcomes (eg, misconceptions resulting from out-of-date or incorrect information, whether obtaining information to guide prescribing relevant to a consultation affects the quality of a consultation; eg, patients trust a healthcare worker less or perceive a lack of empathy when a health worker looks up information) and use of resources.¹¹

Information sources and search strategy

Relevant articles were identified by searching electronic databases: MEDLINE through Ovid; EMBASE through Ovid; CABI Global Health through Ovid; WHO Global Health Library; POPLINE; Africa-Wide Information; Library, Information Science & Technology Database; Web of Science; Cochrane Central Register of Controlled Trials (CENTRAL); WHO International Clinical Trials Registry Platform; and ClinicalTrials.gov. In addition, the Healthcare Information For All (HIFA) network was consulted for relevant publications and emailed authors of identified papers to identify additional articles. After identifying eligible studies, we ran citation searches of included studies (eg, in Google Scholar, Scopus or Web of Knowledge).¹¹

Final search strategies were tailored to different databases with a medical research librarian (John Eyers). No study design filter was used as both quantitative and qualitative studies were included. We used the titles, abstracts and keywords of a set of articles for which we knew that met our inclusion criteria to define a search strategy that returned all these articles.¹¹

Data management, collection and analysis

We excluded duplicate references by comparing titles, authors and digital object identifiers between similar search results using two software programs (EndNote and EPPI-Reviewer). Two reviewers screened titles and abstracts of search results against the inclusion and exclusion criteria. One reviewer retrieved a full-text paper when a study included participants who are primary healthcare workers in low or lower middle-income economies, and it assessed one or more relevant outcome measures. Two reviewers assessed full texts for eligibility, and any disagreement was resolved through discussion with a third author.¹¹

Data were extracted from included studies using a standardised Excel form that included general information (title, authors, date, and so on), study characteristics (study design, aim, duration, inclusion and exclusion criteria), risk of bias (depending on study design), participants (description, geographic location setting, and so

on), intervention (if appropriate and to include sources of online or offline information used), outcomes (as specified above, other outcomes, adverse events) and results (outcomes, times of assessment). We piloted the data extraction form on a small number of studies to develop the final data extraction form. Two reviewers extracted data from the included studies.¹¹

Quality assessment was undertaken by two reviewers. Any disagreements were resolved by consensus and the opinion of a third reviewer. The methods specified in the Cochrane Collaboration tool for assessing the risk of bias were used. Three bias assessment categories were used: low, high and unclear risk, as specified in the Cochrane Collaboration Handbook.¹² For other types of studies we used adapted versions of the following: the Cochrane Recommend tool for assessing Risk of Bias in Non-randomised Studies of Interventions¹⁶; the Critical Appraisal Skills Programme tool for qualitative studies¹⁷; and the Appraisal tool for Cross-Sectional Studies (AXIS).¹⁸

We provide a narrative overview of findings and tabular summaries of extracted data. It was not possible to perform a meta-analysis due to differences in study populations, interventions and outcomes.¹¹

We provide a narrative overview of subgroups including different study types, interventions (eg, digital vs analogue), cadres of healthcare workers and geographic regions. We use the term 'observational studies' for any type of study where the investigators asked about the use of information sources but did not deliver training or introduce a particular source of information or tool. We use the term 'intervention studies' for any type of study that assessed an intervention, such as RCTs, before-and-after studies, comparison studies and evaluations of information tools.¹¹

Patient and public involvement

The broader HIFA network was consulted for comments and suggestions at various stages during the systematic review. Patients were not involved in the design or analysis of this review.¹¹

RESULTS

Results of the search

We conducted searches in February 2018 and found 60 497 records after removing duplicates (figure 1). Teams of two reviewers screened the 60 497 records and narrowed this down to 993 records which were then screened again by two reviewers (MHvV and NTH). We assessed 127 full-text articles for eligibility; whether they involved primary healthcare workers in low or lower middle-income economies who prescribe and/or dispense medication. We included 19 studies on which we conducted citation searches in July 2019 which resulted in finding a further four studies. Finally, 23 studies met our inclusion criteria: 14 observational studies shown in table 1, and 9 intervention studies shown in table 2.

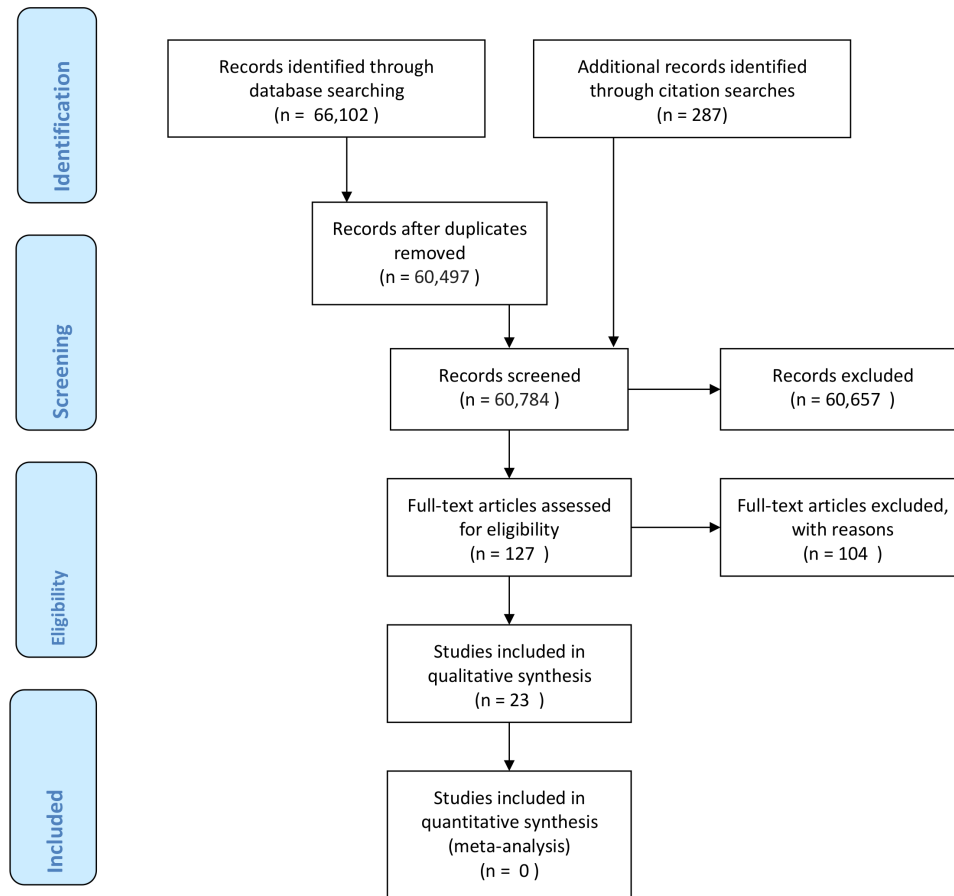


Figure 1 Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) 2009 study flow diagram.

Description of studies

Table 1 shows that of the 14 included observational studies, nine used surveys of which three additionally used qualitative methods. The other five observational studies were qualitative studies of which three used interviews and two focus groups. Study samples varied from 12 to 192. Eleven studies were conducted in Africa, two in Asia and one in Oceania. Studies took place in pharmacies, or health facilities and involved pharmacists, health workers and community health workers.

Table 2 shows that of nine included intervention studies, there was one cluster RCT, one study comparing tools without randomisation, two before-and-after studies and four studies evaluating the development and/or implementation of a tool. Two intervention studies were part of the larger ‘Algorithm for Management of Childhood Illness’ (ALMANACH) project and two studies assessed the medication dosing app using ‘CommCare’. Four studies used quantitative, two qualitative and three mixed methods. Study samples varied from 3 to 3914. Six studies were conducted in Africa, one in Asia and two in South America. Studies took place in health facilities and involved health workers and/or community health workers.

We excluded 104 full-text studies with reasons provided (online supplementary file 2), mostly because they were not about information seeking during the consultation.

Quality assessment of included studies

Among the observational studies the best reported domain was a clear statement of the aim of qualitative and cross-sectional studies. For qualitative studies, the relationship between the researcher and the participants was often unclear. For both qualitative and cross-sectional studies, the rationale for choosing the specific method was frequently not clearly stated. Also, in survey studies, the issue of non-responders was often not appropriately addressed (online supplementary file 3).

Among the intervention studies, the cluster RCT reported using block randomisation but did not mention allocation concealment. Other intervention studies were likely to suffer from performance and detection bias and other biases due to small sample sizes (online supplementary file 3).

Primary outcome in observational studies

All observational studies reported on the use of health-care information during consultations, which is reported in table 3 for nine studies involving a survey and in table 4 for the five qualitative studies. The most mentioned information sources used during consultations were books,^{7 19–23} leaflets,²⁰ guidelines,^{7 20 21 24–28} a flip chart and reporting form aid,²⁹ and the internet.^{7 21 24 26 30 31} A survey conducted in Harare, Zimbabwe, in 2006 found that 28 out of 46 community pharmacists (61%) used

Table 1 Participants, interventions, comparators, outcomes and study designs (PICOS) of observational studies (n=14)

ID	Reference	Study design	Aimed to determine	Country	Setting	Participants	n	Outcomes
71	Udezi <i>et al</i> ¹⁹	Cross-sectional survey	Medication information needs	Nigeria	Urban pharmacies; Enugu state capital	32 community and 26 hospital pharmacists	58	Sources of medication information
127	Anasi <i>et al</i> ³⁰	Cross-sectional survey	Use of the internet for professional practice	Nigeria	Community pharmacies	115 community pharmacists	115	Searching for drug and disease-related information
76	Wabe <i>et al</i> ²⁰	Cross-sectional survey	Knowledge, attitude and practice of patient counselling	Ethiopia	Drug retail outlets; urban	12 pharmacists, 43 'druggists', 3 pharmacy technicians, 6 health assistants	64	Sources of medication information
113	Asmelashe Gelayee <i>et al</i> ²¹	Cross-sectional survey	Medication information needs and resources	Ethiopia	Community pharmacies/drug stores; Gondar town	48 community pharmacists	48	Sources of medication information
74	Usanga <i>et al</i> ²⁴	Cross-sectional survey	Information technology use and attitudes	Zimbabwe	Community pharmacies; Harare	46 community pharmacists	46	Facilities in pharmacies, use the internet
107	Kamuhabwa and Kisoma ²²	Cross-sectional survey	Factors that influence prescribing	Tanzania	Public and private health facilities in Dar es Salaam	Medical specialists, medical officers, intern doctors	192	Sources of medication information
31	Rusatira <i>et al</i> ³¹	Online survey and interviews	User requirements, available resources and potential	Rwanda	All 44 district hospitals	97 surveyed doctors and 16 interviewed general practitioners	113	Internet access, frequency of use and sources
95	Graham <i>et al</i> ²⁹	Observation of consultations, focus groups, in-depth interviews	Adherence to guidelines, rational antibiotics use, adherence	Zambia	Districts of Luapula northern provinces	55 caregivers+90 community health workers	145	Use of aids
21	Samiak and Vince ²³	Semiqualitative cross-sectional survey	Use of the Paediatric Standard Treatment Book	Papua New Guinea	Urban clinics and rural health centres	61 nurses and 45 community health workers	106	Use of book and reasons for non-use
8	Agbo <i>et al</i> ²⁵	Semistructured interviews	Knowledge and prescription patterns	Nigeria	Primary health centre in Jos North; urban	4 health personnel involved in the consultation and treatment of the patients and nurse in charge of drugstore	4	Availability and use of guidelines
126	Oduor <i>et al</i> ²⁶	Semistructured interviews	How and why providers and patients used technologies	Kenya	Health facility in Migori; rural	27 medical practitioners, 9 patients with HIV	36	Sources and technologies used to manage patients
41	Reynolds <i>et al</i> ²⁷	Interviews	Perceptions on malaria diagnosis	Afghanistan	22 health centres; 10 north and 12 east	Doctors, nurses, medical assistants, one assistant doctor (or fieldsher, an assistant physician trained under the Russian system) and one community health supervisor	39	Availability and use of guidelines
53	Perwaiz Iqbal and Rahman ²⁸	Focus groups	Perceptions on resistant tuberculosis diagnosis	Pakistan	Shifa College of Medicine, Islamabad	12 general practitioners	12	Availability and use of guidelines
49	Park <i>et al</i> ⁷	Focus groups	Information needs, perceptions of Wikipedia as a clinical tool	Botswana	Clinics, health posts within 10 km district hospitals; rural	113 health workers across district hospitals, clinics and health posts	113	Information needs and perceptions

Table 2 Participants, interventions, comparators, outcomes and study designs (PICOS) of intervention studies (n=9)

ID	Ref	Study design	Aim	Intervention	Comparator	Country	Setting	Participants	n	Outcomes
39	Rambaud-Althaus <i>et al</i> ³²	Pilot cluster randomised controlled study	To compare smartphone and paper-based versions	Electronic version of Algorithm for Management of Childhood Illness (ALIMANACH)	Paper version	Tanzania	9 health facilities in Dar es Salaam	48 health workers; paper n=18, electronic n=30, and 504 children	552	Proportion of children appropriately managed
63	Shao <i>et al</i> ³³	Qualitative in-depth interviews and focus group discussions	To assess health worker's perceptions on uptake	Childhood Illness (ALIMANACH)			6 health facilities in Dar es Salaam	Primary health workers; interviews n=24, focus groups n=16	40	Views on correct treatment
120	Palazuelos <i>et al</i> ⁴⁶	Mixed methods comparison: survey and interviews	To compare perceptions on the mobile and paper versions	Mobile-based medicine dosing tool App CommCare for different medications	Paper-based tool	Mexico, Guatemala	Small rural mountain towns	17 community health workers; Mexico n=11, Guatemala n=6	17	Perceptions on use
125	Segal <i>et al</i> ³⁵	Before-and-after study	To measure the app's usability and effect on patient-centredness			Guatemala	Primary care clinics	6 interns	6	Accuracy, usability and patient-centredness
2	Abouda <i>et al</i> ³⁷	Before-and-after study	To report on the impact of using integrated syndromic guidelines	Algorithms for treatment of respiratory diseases	Usual care	Tunisia	28 primary healthcare clinics in Tunis	73 general practitioners; 2366 patients at baseline, 1475 impact survey	3914	Mediation prescribed, average cost and perceptions
87	Adams <i>et al</i> ³⁸	Evaluation: feasibility of an antidepressant dosing tool	To task shift depression management to an HIV clinic	Treatment algorithm to determine antidepressant dose	None	Tanzania	HIV clinic, northern hospital	20 depressed patients (1 moved out, 2 lost to follow-up) and their healthcare providers	17	Patient Health Questionnaire-9 Item Score
47	Praveen <i>et al</i> ⁴⁷	Evaluation: clinical and survey data and in-depth interviews	To develop and evaluate a clinical decision support system	Mobile-based system for cardiovascular disease	None	India	3 health centres; Andhra Pradesh	3 primary health centre physicians	3	Use of tool, confidence in prescribing
121	Catalani <i>et al</i> ³⁶	Evaluation: site observations, key informant interviews, lab simulation and usability testing	To develop, implement and evaluate the system using a human-centred design	Patient-specific clinical decision support system for tuberculosis treatment	None	Kenya	24 rural clinics in the West	24 key informants (medical superintendents, clinicians, Ministry of Health officials, laboratory managers, pharmacy managers, medical directors, TB care providers, administrators and programme managers, data quality workers and community health workers); 217 pseudopatients; 9 clinicians	250	Perceptions on use
124	Bessat <i>et al</i> ³⁴	Evaluation of implementation	To investigate clinician insights on the tool	Electronic version of integrated Management of Childhood Illness	None	Burkina Faso	10 primary care facilities	21 health workers	21	Perception of its medical content, usability

¹ TB, tuberculosis.

Table 3 Use of information results of quantitative and mixed methods observational studies

ID	Reference	Quantitative results	Mean: 4.97	SD: 1.67	Most used: British National Formulary	Mean: 4.91	SD: 1.72	Most used: books	Mean: 4.4	SD: 1.87	n=58	NA	Qualitative findings
71	Udezi <i>et al</i> ¹⁹	Most used (midpoint=3.5): Index of Essential Medicines	n=46	40%	Once a day or fewer search the internet for medicine info	n=61	53%	Never search the internet for medicine info	n=8	7%	n=115	NA	
127	Anasi <i>et al</i> ²⁰	Several times a day search the internet for medicine info	n=46	40%	Once a day or fewer search the internet for medicine info	n=61	53%	Never search the internet for medicine info	n=8	7%	n=115	NA	
76	Wabe <i>et al</i> ²⁰	Most used: leaflets	n=46	72%	Most used: books	n=40	63%	Most used: formularies and guidelines	n=11	17%	n=64	NA	
113	Asmelashe Gelayee <i>et al</i> ²¹	Most used (sometimes and always combined): books	n=47	98%	Most used: internet	n=46	96%	Most used: national guidelines	n=45	94%	n=48	NA	
74	Usanga <i>et al</i> ²⁴	Use of internet for practice	n=28	61%	Most used: Google	n=23	50%	Most used: WHO drug information	n=3	7%	n=46	NA	
107	Kamuhabwa and Kisoma ²²	Routinely search for info to guide prescribing	n=175	91%	Most used: books	n=123	64%	Most used: internet	n=121	63%	n=192	NA	
31	Rusatira <i>et al</i> ³¹	Most used: smartphone for information check	n=67	69%	Daily internet search	n=58	60%	Not satisfied with use of Ministry of Health guidelines	n=55	57%	n=97	NA	'When interacting with patients, Medscape (preferred by 4 doctors) and UpToDate (preferred by 3 doctors) are the most preferred apps for quick information access. Medscape has an edge over UpToDate partly because it can be accessed offline with limited features whereas UpToDate requires internet connectivity, which makes it undesirable when on the field mentoring patients.'
95	Graham <i>et al</i> ²⁸	Use flip chart job aid in % of consultations	n=134	25%	Use sick child reporting form in % of consultations	n=177	33%				n=537	NA	'Although the low utilisation of these tools may be due to the presence of the observer, these data could suggest that the community health workers are confident in their ability to recall the diagnostic algorithm and danger signs, given the high level of adherence to the guidelines.'
21	Samiak and Vince ²³	Use standard treatment book to check doses	n=97	92%	Use book every day	n=73	69%	Use book for all patients	n=27	25%	n=106	NA	'Reported reasons for not using the book included: confidence in management without the book, taking too much time, too busy, too many steps to follow, ashamed to use the book in front of patients and finding it hard to use.'

NA, not applicable.

Table 4 Use of information results of qualitative observational studies

ID	Reference	Qualitative findings
8	Agbo et al ²⁵	<i>'No copy of the National policy guideline on malaria treatment had been seen or used by the health personnel and none had ever attended any training in form of workshop or seminar on malaria.'</i> <i>'Health workers identified challenges to efficient work as inadequate manpower, lack of materials like current national policy guidelines on disease management especially those commonly seen at the grassroots, lack of blood pressure measuring apparatus, erratic power supply, dilapidated structures and inadequate training opportunities.'</i>
126	Oduor et al ²⁶	<i>'Clinicians reported the use of various sources of information as they looked up drug information, guidelines, and other medical content required to support patients. For example, a clinician described the tools he used to learn more about new drugs when asked about his source of information regarding recommended drugs: "My information sources are many. For example, I can read about new drugs from government circulars or from MEDS (Mission for Essential Drugs and Supplies) who are also ISO certified and have a laboratory where they conduct rigorous tests on their drugs. MEDS is accessible online [via desktop computers or mobile phones]".'</i> (P2, Clinician) <i>'Clinicians also relied on various information sources to make decisions on which drugs to prescribe. These included the official government drug index booklet (Drug-Index.IT), the Medscape website, the OMNIO medical resources website and Ministry of Health guidelines.'</i>
41	Reynolds et al ²⁷	<i>'Some participants referred to guidelines when describing what they would prescribe to a patient with malaria, particularly those patients considered to be special; for example, young children or pregnant women. Thus, it appeared that guidelines were largely interpreted as tools to inform the prescription of medicines following a malaria diagnosis, rather than to inform the process of diagnosis itself.'</i>
53	Perwaiz Iqbal and Rahman ²⁸	<i>'Most of the general practitioners were not aware of screening guidelines for close contacts of Tuberculosis patients. The WHO guidelines for Management of Tuberculosis are used in South Asian countries. However, the Pakistan Chest Society has published its own guidelines under the name of National Tuberculosis Guidelines, which are different from WHO. The general practitioners were using one or the other and somewhat confused as to which guidelines to follow.'</i>
49	Park et al ⁷	<i>'Irrespective of location [hospital vs. clinic vs. health post], most health care workers utilized books and ministry of health resources such as protocols, workshops, guidelines, and the Internet, and some in hospitals and clinics used specific sites such as Google, Medscape, eMedicine Wikipedia, and WebMD. Several problems were identified with these sources including outdated information, un-usability of resources under pressing circumstances [ie, patient is critically ill], and discrepancies between known and trusted sources of information. Books were mostly considered outdated and considered too time-consuming to consult during patient care. Ministry of Health materials, including protocols, policies, guidelines, workshops, and lectures were frequently referenced but also considered largely outdated, as some facilities had National Treatment Guidelines dating back as far as 2007. Reported discrepancies between Ministry of Health resources included differences in choice of Malaria prophylaxis, Zinc Sulfate dosages required for treatment of diarrhea.'</i> <i>'The most notable challenge raised involved applying the available resources to current practice, as workers noted the clear disconnect between protocols and the "reality on the ground". Another challenge was the conflicting nature of different sources of information, which often led to confusion and loss of trust in making clinical decisions. For instance, there was confusion over initiating Malaria prophylaxis for travelers within Botswana and it was not until the standard protocol was posted that a consensus was reached. This was particularly true for Internet based sources, as one hospital-based nurse stated, "The websites...we don't know which one to use because... there are no recommendations to which one we are supposed to use".'</i> <i>'Opinions on Wikipedia as a potential clinical tool were split amongst healthcare workers in hospitals and clinics. For those familiar, Wikipedia was seen as reliable, useful, and helpful given its quick accessibility for searching for up to date information. Those who viewed its utility as conditional felt that they needed evidence of its accuracy including qualifications for writers. Those who viewed Wikipedia as unreliable felt that it should never serve as the primary source for clinical care or research. Suggested improvements to facilitate its use included an established, prior screening process by the Ministry of Health and restrictions on posting and sharing information. Additionally, requested features included increasing its relevancy specific to Botswana, offline accessibility, and Setswana translations of articles.'</i>

the internet for practice and 23 (50%) mentioned using Google.²⁴ A more recent survey in Nigeria in 2016 found that 46 out of 115 community pharmacists (40%) searched the internet several times a day for drug information and only 8 (7%) never searched the internet.³⁰ A study observing community health worker consultations with children who had suspected pneumonia in Zambia found low use of the flip chart and reporting form aid and suggested this might be because community health workers were confident in their recall of the diagnostic integrated community case management algorithm.²⁹ Reasons for not using books were that it took too much time to use them,^{7 23} prescribers felt confident in their decisions, were too busy or felt ashamed to use it in front of patients.²³ Health workers participating in interviews in Afghanistan used malaria guidelines for prescribing medication²⁷ while in Nigeria, these were not available and this was a challenge for health workers to work

efficiently.²⁵ Health workers participating in focus groups in Botswana (published 2016) considered the available guidelines and other Ministry of Health materials were outdated and were confused about which internet-based sources to use.⁷ General practitioners participating in focus groups in Pakistan were also confused regarding the use of international or national tuberculosis guidelines.²⁸

In terms of secondary outcomes in observational studies, four studies reported on resource-related outcomes, one on behaviour and one on knowledge (online supplementary file 4). A survey in Zimbabwe found that 28 out of 46 (61%) pharmacies had internet access, 33 had networked computers (72%) and 3 access to electronic databases (7%).²⁴ A survey in Ethiopia (undertaken in 2009) found that only 7 out of 48 (15%) pharmacies had internet access.²¹ Forty-nine out of 97 (51%) general practitioners in hospitals in Rwanda had access to Wi-Fi

in their hospitals (year of research unstated; published 2016).³¹ Focus groups in Botswana found that while many facilities had internet access, use was limited because of ‘technical installation issues, connection, password access, costs, lack of time, and lack of devices’.⁷ Ninety-three out of 106 health workers (88%) in Papua New Guinea had the Paediatric Standard Treatment Book with them.²³ Twenty-eight out of 64 pharmacy workers (44%) in Ethiopia said they lacked the knowledge for rational prescribing and needed updated information.²⁰

Secondary outcomes in interventional studies

All nine intervention studies reported on health worker behaviour-related outcomes (table 5). The cluster RCT in Tanzania reported significantly higher ($p<0.001$) proportions of children appropriately managed in the two intervention arms: 62% in paper (range: 55%–74%, $n=171$); and 63% in the electronic arm (range: 52%–72%, $n=167$), compared with 37% in the control arm (range: 29%–44%, $n=166$).³² The accompanied qualitative study revealed that the algorithm (ALMANACH) helped health

Table 5 Behaviour-related results of interventional studies

ID	Author	Behaviour-related findings
39	Rambaud-Althaus et al ³²	<i>‘The proportion of children appropriately managed (antimalarials, antibiotics, zinc, and rehydration prescribed when needed only) was similar in the two intervention arms: 62% in paper (range: 55%–74%, $n=171$); and 63% in the electronic arm (range: 52%–72%, $n=167$). The proportion of children appropriately managed was significantly lower ($p<0.001$) in the control arm (37%, range: 29%–44%, $n=166$) than in the paper (RR=1.7 [1.3–2.2]) and electronic arm (1.7 [1.3–2.2]).’</i>
63	Shao et al ³³	<i>‘Health workers pointed out that the ALMANACH assisted them to reduce antibiotic and antimalarial prescription as the device walked them step-by-step through the consultation starting from diagnosis to treatment including calculation of proper dosage of required drugs. Thus, the majority of the study participants (10 smartphone/11 tablet) stated that both devices reduced antibiotic prescription compared to routine practice. “Yes, before I was prescribing antibiotics as antibiotics, I was just prescribing antibiotics, but truly now you don’t believe, now I know many diseases are febrile diseases, they don’t need antibiotics.” (IDI, female, smartphone, very high uptake) ‘More than half of the respondents (8 smartphone/7 tablet) highlighted that the ALMANACH enabled correct treatment. “There are many advantages; first, the phone is a reference point in the sense that if you have forgotten what the patient is suffering from, or treatment or medication, by following the instructions in the phone you will know the diagnosis and medicine to that diagnosis. So the phone helps a lot.” (IDI, male, smartphone, very low uptake)</i>
120	Palazuelos et al ⁴⁶	<i>‘Use of the mHealth tool generally resulted in more accurate answers when compared to the paper-based tool. For 6 of 7 practice test questions, the mean score among those who answered with the mHealth tool was notably higher than the mean score among respondents who answered with the paper-based tool. In general, the difference was greatest in the questions that asked for pediatric doses based on age and weight, as opposed to standardized doses and courses for adults. Although not coded nor quantified, the majority of the errors with each tool followed a few general themes. For the paper-based tool, the community health workers often found it challenging to find the 3 different dosing elements needed (dose, schedule, and duration) as they were often in disparate locations without any clear pattern to follow. For the mHealth tool, the community health workers produced a wrong result if they inadvertently entered information incorrectly at some stage of the algorithm (ie, if they entered in a wrong gender, age, weight, etc).’ ‘Overall, the CHWs in both countries accepted the mHealth tool as a satisfactory tool that was appropriate for use in dosing a medicine. Some CHWs noted that using the mHealth tool on a phone would be a way to gain credibility in the community. The people, upon seeing us look in the book, think badly of us. With the phone, they think we are important. The phone is a more acceptable way to access information in front of the patient so as to not lose face.’</i>
2	Abouda et al ³⁷	<i>‘The number of drugs prescribed per patient who received drug prescription decreased by 18.8% in the impact survey (3.2 vs 2.6, $p<0.001$).’</i>
125	Segal et al ³⁵	<i>‘Dosing accuracy improved from 64.7% (among 156 prescriptions) to 92.4% (among 210 prescriptions) when providers used the app. Dosages prescribed after implementation were 40% more likely to be correct (relative risk: 1.39; 95% CI 1.16 to 1.68; $p=0.0005$). All providers appeared to dose medications more accurately after the intervention.’</i>
87	Adams et al ³⁸	<i>‘The study nurse correctly identified all algorithm-indicated antidepressant recommendations ($n=74$, 100%) and communicated all to the study clinical officer.’</i>
47	Praveen et al ⁴⁷	<i>‘Among those not on medications, 31% (11/36) were recommended for treatment by the decision support tool. The physician commenced all these patients ($n=11$) on BP-lowering treatment.’</i>
121	Catalani et al ³⁶	<i>‘Although providers rated the messages relatively highly, they found the accuracy and actionability of the clinical decision support system problematic. Providers indicated that roughly over a quarter of the reminders were not correct for that particular patient and that particular day. Moreover, slightly less than half of the reminders were not considered actionable on that day.’</i>
124	Bessat et al ³⁴	<i>‘Positive effects were mentioned to be better management of children (5 IDI, 1FGD), facilitation in treatment decision-making and dosage calculation (7IDI, 1FGD), standardization of treatment (2IDI) and rational use of medicines (6IDI). The application guides the clinician through the assessment of the child up to the treatment and the counselling part. At the end, a free text question gives room to the clinician to add additional classifications and treatments. Half of the study participants reported not to add an antibiotic when the application did not recommend it, and mentioned it helped them to rationalize the use of drugs. However, the other half of the participants (6IDI, 1FGD) admitted to sometimes add an antibiotic even though the application did not recommend it. Reasons mentioned were: to calm or treat cough (5IDI), to prevent re-consultation (2IDI, 1FGD), to cover severe diseases or prevent worsening of the disease (3IDI) and in cases of fever with a negative malaria RDT result (1IDI, 1FGD).’</i>

ALMANACH, Algorithm for Management of Childhood Illness; BP, blood pressure; CHW, community health worker; FGD, focus group discussion; IDI, in-depth interview; RDT, rapid diagnostic test; RR, relative risk.

workers to reduce prescriptions as the device provided them with calculations and appropriate dosing of the required medication.³³ A qualitative study in Burkina Faso also found that an electronic Integrated Management of Childhood Illness tool helped half of the health workers to rationalise the use of drugs. However, the other half prescribed an antibiotic—even when the application did not recommend it—in the belief that this might calm or treat cough, prevent patients from returning or prevent worsening of the disease.³⁴ A before-and-after study in Guatemala found dosing accuracy to improve from 65% (among 156 prescriptions) to 92% (among 210 prescriptions) when interns used a medication dosing app.³⁵ The accuracy and actionability of a tuberculosis clinical decision support system were found problematic in an evaluation in Kenya.³⁶

Three intervention studies reported on knowledge of health workers (online supplementary file 4). A before-and-after study in Tunisia found that all general practitioners said the integrated syndromic disease guidelines had improved their knowledge after training but thought the translation of symptoms in Arabic to French could be confusing.³⁷ An evaluation in Kenya found that clinicians had insufficient knowledge about isoniazid preventive therapy for tuberculosis and therefore simple alerts or reminders were inadequate without information on which steps to take.³⁶ The qualitative study accompanying the RCT found that rational judgement was not compromised when using the ALMANACH.³³

Two intervention studies reported on a patient outcome (online supplementary file 4). A feasibility study in Tanzania on an antidepressant medication dosing tool found the average Patient Health Questionnaire-9 Item Scores among 17 completers significantly decreased from 20 (SD: 3) at baseline to 8 (SD: 2) at week 12 ($p < 0.001$).³⁸ A before-and-after study of a medication dosing app in Guatemala observed no change in patient-centredness.³⁵ Another four studies reported on the use of resources (online supplementary file 4). Only one study mentioned costs explicitly; the average cost of drug prescription per patient who was prescribed any drug was reduced by 19.3% in the impact survey from 8.2 to 6.75 Tunisian dinars ($p < 0.001$).³⁵

DISCUSSION

Summary of main results

To our knowledge, this is the largest ever systematic review on how primary healthcare workers obtain health information during consultations to support decision-making for prescribing in low and lower middle-income countries. Of the 60 497 records found, 23 studies met our inclusion criteria. Most studies were conducted in Africa ($n = 17$). Of 14 observational studies, nine used surveys of which three additionally used qualitative methods. The other five observational studies were qualitative studies of which three used interviews and two focus groups. Frequently mentioned sources of information were

books, leaflets, guidelines, aids and the internet. Reasons for not using books included the excessive time to use them, prescribers felt confident in their decisions, were too busy or felt ashamed to use them in front of patients. Also, these sources were sometimes out of date and health workers were confused which ones to use, particularly for websites. Internet access varied across settings and even when available, use was sometimes limited because of technical issues. The nine intervention studies included one RCT and an accompanying qualitative study, one study comparing electronic and paper-based tools, two before-and-after studies and four studies evaluating the development and/or implementation of a tool. Of the five electronic tools that were assessed after training health workers how to use them in these studies, four were assessed positively. Medication tools helped health workers to appropriately prescribe by providing them with calculations for appropriate medicine doses, which increased prescribing accuracy. One tool was not found actionable. Also, medication was sometimes still prescribed when a tool did not recommend it in the belief that it might prevent patients from returning or prevent worsening of the disease.

Strengths and weaknesses

Our review followed, where possible, the Cochrane Collaboration and Centre for Review and Dissemination methodology for conducting systematic reviews and we reported our findings based on guidelines from PRISMA statement. This meant that a comprehensive search and assessment of the evidence was conducted. The interventions researched in the studies were diverse and took place in different countries. Therefore, it was not possible to conduct an appropriate meta-analysis.

Most studies took place in low and lower middle-income countries in Africa. Research has shown that there can be a difference between the medicines prescribed and those dispensed.³⁹ Our review did not report on whether the medicine was dispensed. Few studies specifically aimed to assess how primary healthcare workers accessed information during consultations and more studies on this topic are required. Another limitation is that the term 'primary healthcare worker' is generalised and lacks distinction among levels of education and healthcare delivery, which in many studies was not clearly described. Community health workers often can only prescribe one malarial, antibiotic, oral rehydration solution and zinc, which they can prescribe using a syndromic approach. Primary healthcare workers at health centres may have a few more choices of medicines, but often also lack diagnostic tools to prescribe the correct medicine and dose, or not to prescribe at all. Particularly in the publicly funded lower levels of healthcare systems, healthcare workers usually can only prescribe a small number of medicines. They are usually able to prescribe medicines that can be purchased by patients at pharmacies, depending on the patient's ability to pay and availability of medicines which can be limited by stock-outs. In the private sector, practitioners

and pharmacists and local drug distributors can prescribe in certain settings and are often keen on prescribing medicines that provide them the highest profit.⁴⁰ While the effectiveness of the private sector is typically limited in low-income countries, patients still prefer to go there for different reasons, including that medicines in the private sector are more competitively priced and accessible than in the public sector.⁴¹ To improve prescribing in these settings, incentives and training are important to consider in addition to the availability of up-to-date and high-quality information.⁴²

Furthermore, assessment of costs was very limited in the included studies. Only one study mentioned costs explicitly; the average cost of drug prescription per patient who was prescribed any drug was reduced by 19.3% in the impact survey from 8.2 to 6.75 Tunisian dinars ($p < 0.001$).³⁵ Another study conducted in Botswana⁷ found that while many facilities had internet access, use was limited because of 'technical installation issues, connection, password access, costs, lack of time, and lack of devices'.

Quality of the evidence

The quality of reporting varied and was low overall. We found only one RCT which reported using block randomisation but did not mention allocation concealment. Other intervention studies were likely to suffer from performance and detection bias, and other bias due to small sample sizes. The observational studies were reported with varying quality. It is crucial that future studies improve their methodology to enhance the strength of the evidence.

Agreements and disagreements with other studies or reviews

Unsafe prescribing by primary healthcare workers has been attributed to weak medication systems, poor environmental conditions or staff shortages, poor education, inadequate training and lack of knowledge and skills.⁴³ Previous studies in Africa have suggested variations in knowledge about the basics of how to diagnose and manage common diseases are commonplace and often associated with suboptimal, ineffective and dangerous healthcare practices.^{4 8} One study in our review found that a considerable proportion of pharmacy workers (44%) in Ethiopia said they lacked prescribing-related knowledge and needed updated information.²⁰ An evaluation in Kenya found that clinicians had insufficient knowledge about isoniazid preventive therapy for tuberculosis and therefore simple alerts or reminders were inadequate without information on which steps to take.³⁶

A cohort study on prescribing patterns of evidence-based heart failure medicine concluded that improved uptake of guidance for prescribing is necessary to improve patient outcomes.⁴⁴ Another systematic review found that most of the interventions to improve healthcare worker performance have focused on 'supervision' as opposed to 'tools and aids' such as protocols and/or charts.¹⁰ Our review fills this gap by providing evidence on tools

and aids. The most mentioned information sources used during consultations were books,^{7 19–23} leaflets,²⁰ guidelines,^{7 20 21 24–28} a flip chart and reporting form aid,²⁹ and the internet.^{7 21 24 26 30 31} The nine intervention studies assessed tools such as electronic versions of algorithms for the management of childhood illness and mobile-based medicine and dosing tools for different diseases (general, respiratory disease, depression, cardiovascular disease).

Prescribing rationally, therapeutically and safely becomes ever more complicated as the number of widely available medicines increases and medical knowledge expands. The WHO Model Essential Medicines List (EML) listed 212 medicines in its first edition in 1977 more than doubling to 460 medicines in the 2019 21st edition.⁴⁵ The WHO considers the EML a 'flagship tool to expand access to medicines' which is necessary for the achievement of Sustainable Development Goal 3. Furthermore, in practice, the EML only covers a small fraction of the medicines that are commonly available and used or misused worldwide. Up-to-date medicine information and the means of making it accessible and acceptable to prescribers at the point of care must accompany the expanding access to medicines if those seeking medical care are to benefit. Such information needs to go beyond information about individual medicines, to include guidance on the selection of medicines.

CONCLUSION

This systematic review found a small number of low-quality studies showing a lack of up-to-date and relevant medicine information resources in low and lower middle-income settings. Internet-based sources are useful when it is possible to download content for offline use and to regularly update when there is internet access. Given the fundamental importance of safe and effective prescribing, and its dependence on reliable information (whether retained through training or available at point of care), it is remarkable that the available research tells us little about the prescribing information needs of primary health workers, and how these needs can be progressively met. Electronic tools to help healthcare workers to prescribe medication showed promise, but their accuracy needs to be validated. Such tools should focus on actionable advice that guides prescribers through the different steps that need to be taken to prescribe safely.

Future work needs to improve quality of research methodology, provide a clear description of the context, assess costs and cost-effectiveness and consider interactions between the availability and use of information and other factors that influence prescribing. Future conduct of observational studies could provide evidence of what really happens at different levels of the health delivery system, which will likely vary substantially in different countries and even between regions of the same countries, as well as in response to different diseases. Changing drug protocols may need training and widespread

information dissemination as well as an enabling environment to make change possible.

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