

Appendix A. COMPASS Adolescent Girls' Life Skills Session Topics

Level 1: The Foundation - Creating a Context for Change

- Session 1: Welcome to COMPASS!
- Session 2: Creating Our Safe Space
- Session 3: What Makes Me Special
- Session 4: My Friends and Support
- Session 5: People I Can Turn To
- Session 6: Decision-Making
- Session 7: Addressing Risks in the Community
- Session 8: Positive Peer Power
- Session 9: Feelings and Emotions
- Session 10: Conflict Resolution
- Session 11: Setting My Goals
- Session 12: Whom to Turn to for My Health Needs
- Session 13: Planning Use of Money
- Session 14: My Learning So Far

Level 2: Applying Our Skills - Challenging Realities, Developing Alternatives

- Session 15: Puberty, My Body, and Hygiene
- Session 16: Cultural Pressures Around Me
- Session 17: Communicating Difficult Choices with My Family
- Session 18: Planning for a Family at the Right Time
- Session 19: Maintaining Reproductive Health
- Session 20: Healthy Relationships
- Session 21: Gender Roles and Norms
- Session 22: Gender Based Violence and Abuse
- Session 23: Early Marriage
- Session 24: Money Management and Savings
- Session 25: Savings Plan & Keeping Money Safe
- Session 26: My Learning So Far

Level Three: Building Our Life Journey - Consolidation

- Session 27: Finalizing My Safety Network
- Session 28: Developing My Life Journey
- Session 29: Addressing Possible Barriers in My Life Journey
- Session 30: Creating Safety Plans for Journeys
- Session 31: Creating Savings Plans for Journeys
- Session 32: Visiting Key Service Providers in My Community
- Session 33: Presenting Life Journeys to Family Members
- Session 34: Building a Community Event or Action
- Session 35: Building a Community Event or Action
- Session 36: Planning Community Actions
- Session 37: Implementing Community Actions of Event
- Session 38: Implementing Community Actions of Event
- Session 39: Preparing Presentation or Outcomes of Community Actions or Event
- Session 40: Celebrating Our Journeys and Community Actions

Appendix B. Estimate of intervention effects using multiple imputations (n = 919)

| | OR | [95% CI] | P-value | Observations |
|---|--------|-------------|---------|--------------|
| Primary outcome | | | | |
| Any form of sexual violence | 0.97 | [0.63,1.48] | 0.870 | 919 |
| Secondary outcomes | | | | |
| Unwanted sexual touching | 0.89 | [0.46,1.72] | 0.724 | 919 |
| Coerced sex | 1.12 | [0.63,2.00] | 0.688 | 919 |
| Forced sex | 1.10 | [0.61,2.00] | 0.754 | 919 |
| Physical violence | 1.19 | [0.70,2.02] | 0.516 | 919 |
| Emotional violence | 0.85 | [0.53,1.37] | 0.491 | 919 |
| Transactional sex | 0.72 | [0.33,1.56] | 0.391 | 919 |
| Child marriage | 0.83 | [0.52,1.34] | 0.452 | 919 |
| <i>Perceived feelings of safety</i> | | | | |
| Home | 1.49 | [0.88,2.52] | 0.140 | 919 |
| School | 1.47 | [0.67,3.25] | 0.328 | 919 |
| Friend's house | 1.06 | [0.56,2.03] | 0.851 | 919 |
| Neighbor's house | 0.89 | [0.51,1.54] | 0.675 | 919 |
| Safe place to spend time with other girls | 1.56 | [0.92,2.64] | 0.096 | 919 |
| <i>Attitudes around rites of passage</i> | | | | |
| Grade to complete in school (β (95% CI)) | 0.95** | [0.29,1.61] | 0.005 | 919 |
| Age of marriage | 1.82* | [1.02,3.23] | 0.041 | 919 |
| Age of first child | 1.92* | [1.11,3.34] | 0.020 | 919 |
| Working outside the home after marriage | 1.13 | [0.74,1.72] | 0.572 | 919 |
| <i>Social supports</i> | | | | |
| Have friends | 1.66* | [1.08,2.56] | 0.021 | 919 |
| Have trusted non-family female adult | 1.91** | [1.24,2.95] | 0.004 | 919 |

Note: No allowance for multiplicity was made in the analyses. All results are odds ratios, except for 'grade to complete in school'. Odds ratios are statistically significant at *P<0.05, **P<0.01, ***P<0.001.